

Tomiki Aikido of the Americas
Examination Evaluation Form
5th Kyu

Name _____ Date _____ Hrs since last exam _____

Judge _____ Rank _____

Technique	< Avg		Avg		> Avg		Comments
	R	L	R	L	R	L	
Suwari waza: Shomenuchi oshitaoshi osae: Omote Ura	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Atemi waza: Shomenate - 3 variations: from Tegatana tegatana, aigamae katatedori Juntedori & gyakugamae katatedori Gyakutedori	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Aigamaeate - 3 variations: from Tegatana tegatana, aigamae katatedori Juntedori & gyakugamae katatedori Gyakutedori	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Gyakugamaeate - 3 variations: Tegatana tegatana, aigamae katatedori Juntedori & gyakugamae katatedori Gyakutedori	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Gedanate - 3 variations: from Tegatana tegatana, aigamae katatedori Juntedori & gyakugamae katatedori Gyakutedori	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Ushiroate - 3 variations: from Tegatana tegatana, aigamae katatedori Juntedori & gyakugamae katatedori Gyakutedori	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Atemi waza hontai no tsukuri: Shomenate	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Aigamaeate	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Kansetsu waza tegatana jodan no tsukuri: Oshitaoshi	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Hikitaoshi	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

Pass

Fail

General Comments
