Japan Aikido Association (USA)
Examination Evaluation Form
4th Kyu

Name _____ Date _____ Hrs since last exam _____

Judge _____ Rank _____

| Technique | | < Avg | | Avg | | > Avg | | Comments |
|---|---|---|---|---|---|---|---|---|
| **Suwari waza:** | | R | L | R | L | R | L | |
| Shomenuchi oshitaoshi gyakutedori kotehineri osae: | Omote | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | |
| | Ura | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | |
| **Hiji waza:** | | | | | | | | |
| Oshitaoshi - 3 variations: from tegatana, aigamae katatedori & gyakugamae katatedori | Tegatana | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | |
| | Juntedori | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | |
| | Gyakutedori | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | |
| Udegaeshi - 3 variations: from tegatana, aigamae katatedori & gyakugamae katatedori | Tegatana | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | |
| | Juntedori | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | |
| | Gyakutedori | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | |
| Hikitaoshi - 3 variations: tegatana, aigamae katatedori & gyakugamae katatedori | Tegatana | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | |
| | Juntedori | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | |
| | Gyakutedori | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | |
| Udehineri - 3 variations: from tegatana, aigamae katatedori & gyakugamae katatedori | Tegatana | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | |
| | Juntedori | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | |
| | Gyakutedori | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | |
| Wakigatame - 3 variations: from tegatana, aigamae katatedori & gyakugamae katatedori | Tegatana | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | |
| | Juntedori | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | |
| | Gyakutedori | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | |
| Wakigatame (reverse - tegatana only) | | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | |
| **Atemi waza hontai no tsukuri:** | | | | | | | | |
| Gyakugamaeate | | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | |
| Gedanate | | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | |
| Ushiroate | | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | |
| **Kansetsu waza tegatana gedan no tsukuri:** | | | | | | | | |
| Tenkai kotegaeshi | | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | |
| Kotegaeshi | | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | |

**Pass** ☐ **Fail** ☐

General Comments